



POB 124 North Egremont, MA 01252  
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## 2009 Commitment Form

A full-season's share includes at least 22 weeks of produce distributed weekly at the farm, June 9 through mid-November, 2009 (we may get an extra week of vegetables, depending on weather—you will be notified). A week's share ranges from 5 to 16 pounds of vegetables depending on the time of the season. This share size is suited for 1–4 adults depending on personal veggie consumption and cooking habits.

Summer only (June–Labor Day) shares are also available.

All shares include a variety of pick-your-own (PYO) crops such as peas, beans, cherry tomatoes, cut flowers and fresh herbs as well as a weekly newsletter with occasionally inspired words from your farmer, information on the vegetables and the farm, recipes and food prep suggestions.

On pick-up days, members may have the opportunity to purchase locally raised eggs, meats, bouquets and other featured items from neighboring farms.

Members will choose one day of the week to pick up their shares: either Tuesday afternoons, between 3 and 7 pm or Saturday mornings from 10 am until noon. Members may only pick up vegetables on their chosen day (i.e. may not alternate pick-up days or use the other timeslot as a back-up time). If you are running late on your pick-up day, we can hold your share for you for 24 hours **if you call before or during pick-up hours** to make this arrangement. Unclaimed shares will be donated to the Sheffield Food Pantry or alternative.

Volunteering on the farm is highly encouraged but optional. Members may help in the field, in the office, on the road or at the distribution table. For those who would like to make a structured work commitment, a limited number of work shares will be available for the 2009 season.

Payment in full is requested at time of registration, providing Farm Girl Farm with operating capital at the beginning of the growing season when it's most needed. If you are unable to pay in full upon registration, you may make a deposit of \$245, followed by two equal payments of \$150 due March 30 and May 31.

### *SAMPLE SHARE*

Here is an idea of what you might pick up in a given week (weather dependent):

#### **4<sup>th</sup> week of June**

1 head lettuce  
1 head bok choy  
1 bunch baby turnips  
1 bunch scallions  
1/2 pound braising greens  
1 bag mesclun greens  
1 bunch broccoli raab  
1 bunch radishes  
1 bunch baby turnips  
PYO garden herbs  
PYO sugar snap peas

#### **2<sup>nd</sup> week of September**

1 watermelon or cantaloupe  
3 pounds tomatoes  
2 head garlic  
1 bunch Swiss chard  
1/2 pound baby spinach  
1/2 pound braising greens  
1 pound summer squash/zucchini  
1 pound potatoes  
2 sweet pepper  
1 bunch beets or carrots  
2 eggplant  
1 onion  
1 head broccoli or cauliflower  
1 head lettuce  
PYO tomatillos  
PYO cherry tomatoes  
PYO hot peppers  
PYO garden herbs  
PYO flowers

***PLEASE SAVE THIS PAGE FOR YOUR RECORDS***

**2009 Commitment Form**  
(continued)

I would like to sign up for the following share:

_____	Full share	Weekly pick-up June–November	No work commitment	\$545
_____	Summer share	Weekly pick-up June–Labor Day	No work commitment	\$380
_____	Work share	Weekly pick-up June–November	32 hours work	\$350

PREFERRED PICK-UP DAY \_\_\_\_\_ Tuesday 3–7 pm \_\_\_\_\_ Saturday 10 am–12 noon

Names of all adults and children: \_\_\_\_\_  
\_\_\_\_\_

Billing address: \_\_\_\_\_  
\_\_\_\_\_

Telephone number(s):\* of **ALL PARTICIPATING ADULTS**. If you are sharing a share with another family, please provide their contact information so that everyone may be kept abreast of information.

home \_\_\_\_\_ work \_\_\_\_\_ e-mail \_\_\_\_\_

home \_\_\_\_\_ work \_\_\_\_\_ e-mail \_\_\_\_\_

home \_\_\_\_\_ work \_\_\_\_\_ e-mail \_\_\_\_\_

home \_\_\_\_\_ work \_\_\_\_\_ e-mail \_\_\_\_\_

\*Please indicate best way to reach you—i.e. do you check email frequently or is voicemail better?

*I agree to the above terms of membership.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Please sign and return with payment to Farm Girl Farm*

*A signed commitment form with up-to-date payment is required in order for you to begin picking up your first share in June.*

If you have friends might like to know about Farm Girl Farm, we'd be happy to send information.

Name & address: \_\_\_\_\_

**PLEASE MAIL THIS PAGE WITH PAYMENT TO FARM GIRL FARM**

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